Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

The Most Holy Body and Blood of Christ (Corpus Christi), Year B – 2nd June 2024

Your prayers are requested for

Recently Deceased:

Month's Mind:

Matthew Martin Therese Braniff

Anniversaries:

Robert (Bobby) Johnson **Neil Murray** James McKeown Kathleen Trainor (London) Angela Bliss Pat Devine Gerry Murray Bernadette Price Teresa Shields David McHenry Margaret McClean

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 2nd June @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 1st June @ 6.30pm and Sunday 2nd June @ 10am and 12 noon

MASS TIMES NEXT WEEK:

DAILY MASS NEXT WEEK 3rd – 7th June @ 9.30am

BAPTISM REGISTRATION

Please register online SIDE BAR under 'Baptism Registration'

Congratulations

Congratulations to all the children who recently were confirmed or made their First Holy Communion. Special thanks to all those who prepared them for the reception of the sacraments, the school teachers' in the parish schools and Sunday Groups leaders and the family groups who supported them.

May God who has begun the work in them bring it to completion.

Novena to the Sacred Heart

Our parish will gather at 7.30pm from Thurs 30th May to Friday 7th June to pray the Novena. It is hoped that this time will accommodate as many as possible to gather as a community in prayer.



Parish of Bangor Jubilee Pilgrimage to Rome € 995 per person sharing

- · Staying 6 nights in Rome on B&B basis.
- 3 dinners organised in local restaurants
- Angelus with Pope Francis (depends on Pope's schedule)
- St Peter's Basilica and Holy Door
- St John Lateran Basilica and Holy Door
- St Mary Major's Basilica and Holy Door
- St Paul's Basilica and Holy Door
- Piazza Navona, Colosseum
- Guided tours of all places visited
- Coach tour by night
- Full time accompaniment
- Trip to Castelgandolfo and Lake Albano
- Return coach from Bangor to Dub airport
- 10kg checked-in luggage plus small bag

TO BOOK: Contact us on 00353 57 93 55050 (office hours only) Deposits of €300 (plus single room supplement of €270, if applicable)

PARISH CENTRE - PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MENCAP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15 until 9.45pm	at 10.00am	Every fortnight at 6.00pm	(Girls aged 6-18)	Jitsu Club
			at 6.30pm	(Juniors 5-15yrs)
	IRISH DANCING	BADMINTON		6-7pm
	CLASSES	Every fortnight at 8.00pm	IRISH CLASS	
LECTIO DIVINA GROUP	at 6.00pm		At 7pm	
7.30pm – 8.30pm		FOLK GROUP		
[St Dympna's Room]	SVP	AT 7PM	CEILI DANCING	
	At 7.30pm		at 8.15pm	
	·	SENIOR CHOIR	·	
		At 8PM		
		SET DANCING CLASS		
		At 8pm		

BOOKING OF PARISH CENTRE: Contact **Craig** in the parish office **028 9146 5522** or via email on

bangorparishaccounts@downandconnor.org

UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

MAN-UP!

MEN'S SPIRITUAL BOOT CAMP

In Saint Paul's Parish Hall, Falls Road, Belfast on Saturday 15 June 2024, the Legion of Mary will deliver a day for men aged 18 years and over. The day will consist of sacraments and talks by guest speakers aimed at challenging us about how we live out our Catholic faith. The event runs from 10am to 4pm with light lunch provided. £5 contribution. For more information contact Luke on 07955386288 or www.legionofmarydc.co.uk

Summer Closures

Parishioners are advised the Parish Centre will be closed for the month of July to facilitate maintenance works.

Parish Centre Bookings

Parish Groups planning to use the parish centre facilities from September 2024 are requested to contact the Parish Office via email to receive an updated booking form, fees etc. Group applications are requested to be submitted prior to end of July to allow a timetable to be completed. Annual event organisers are asked to submit event date requests (including approx. timings for set up & clean up) so a 2024/25 calendar of events can be drafted for consideration by the Parish Centre Committee, which will hopefully have been established by this date.

Columbanus Community Folk Festival Bangor 9 – 16 June 2024

Full week of headline concerts/gigs and sessions including: Sands Family – Bangor Abbey – Sunday 9 June @ 7pm

Celtic Soul – St Comgall's Parish Centre – Saturday 15th June – Doors 7pm *Licensed bar* Tickets available from Thomas's Shop or online.

More information on full festival to be found on Ards CCE Facebook page

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400**

Towards Peace Spiritual Support Service				
Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/				

Accord NI Catholic Marriage Care Preparation Facilitators	Service seeking Marriage			
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.				
 If you have a positive attitude towards marriage in the Catholic Church If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage Accord wants to hear from you! 				
Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.				
Contact Brenda on 02890 233002 or by email to info@accordni.com				
www.accordni.com	**************************************			

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133 Website: www.familycareadoption.com We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				