



**PARISH CENTRE – PARISH GROUPS 2025**

<b>MONDAYS</b>	<b>TUESDAYS</b>	<b>WEDNESDAYS</b>	<b>THURSDAYS</b>	<b>FRIDAYS</b>
<b>BRIDGE CLUB</b> at 7.15pm until 9.45pm [Minor Hall]	<b>FRIENDSHIP CLUB</b> at 10.30am [Minor Hall]	<b>PARENTS &amp; TODDLERS</b> 10am [Main/Minor Hall]	<b>St Comgall's Guide Unit</b> (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall]	<b>Ju-Jitsu Club</b> (Juniors 5-15yrs) 6-7pm [Main Hall]
<b>LECTIO DIVINA GROUP</b> 7.30pm – 8.30pm [St Dymphna's Room]	<b>IRISH DANCING CLASSES</b> at 6.00pm to 8.30pm [Main Hall]	<b>MEDITATION GROUP</b> at 12pm to 1.30pm [St Dymphna's Room]	<b>IRISH LANGUAGE CLASS</b> At 7pm to 8pm [St Dymphna's Room]	<b>Discussion Group</b> At 7.30pm – 9pm [St. Dymphna's Room]
<b>BADMINTON</b> NOW WEEKLY at 8 to 9pm [Main Hall]	<b>SVP</b> at 7.30pm to 9.30pm [St Dymphna's Room]	<b>FOLK GROUP</b> AT 6.30 -7.30pm [St Dymphna's Room]	<b>CEILI DANCING</b> at 8.15pm to 9.30pm [Minor Hall]	<b>Line Dancing</b> At 7.30 – 9pm [Main Hall]

**St Comgall's Badminton Club** meet every Monday from 8-9pm in the Parish Centre, new adult members (over 18) are very welcome.

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**LINE DANCING CLUB** will run on Fridays 7.30 -9pm. All welcome.

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**Divine Mercy Conference -Saturday 28<sup>th</sup> February 2026**

Bus will leave St Paul's Church, Falls Road at 7.30pm Returning approx. 10.45/11.00pm. Yes, a long day but well worth it,

Travel cost is **£25** (bus price only) which must be paid when booking your seat. Failure to get 30 people the bus would have to be cancelled. Travel confirmation, 1 week before departure.

Unfortunately, no refund can be given in cases of sickness etc.

**Conference tickets** to be bought individually at the venue £35 or Euros.

**Bring enough food for lunch and dinner** – there are tea and coffee stations where hot drinks and snacks can be purchased.

**Telephone Tina McCrory – 07523824350 to book a seat on the bus.**

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**Parish of Duneane** - Novena of Hope in honour of our Lady of Lourdes takes place in Our Lady of Lourdes Church, beginning next Tuesday 3<sup>rd</sup> February.

**Down & Connor Pilgrimage to Lourdes 2026: 8<sup>th</sup>/9<sup>th</sup> – 14<sup>th</sup>/15<sup>th</sup> July. 5 & 7 Night options available. Please visit [www.downandconnor.org/lourdes](http://www.downandconnor.org/lourdes) for more information or call the Pilgrimage Office on (028) 9077 0162 or email [lourdes@downandconnor.org](mailto:lourdes@downandconnor.org) Youth Team (10-17th July): applications now open (see website for details)**

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St Comgall's Guide Unit will be handing out handmade St Brigid's Cross made by the Briggins, Guides and Range to celebrate St Brigid's Day our patron Saint. We ask for donations to help with fundraising towards the running cost of the unit. Many thanks St Comgall's Guide Unit.

**ST VINCENT DE PAUL HELPLINES**

**Bangor Conference 07703679384**

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn)

**Ballyholme/Donaghadee Conference 07703679389.** (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Groomsport, Donaghadee and Millisle)

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**St. Comgall's Bereavement Support Group**

The aim of the Bereavement Group is to provide support to the bereaved. If you wish to avail of this service, please contact the parish office **028 9146 5522**

• **Towards Peace Spiritual Support Service**

**Towards Peace** is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <https://towardspeace.ie/>

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**Accord NI Catholic Marriage Care**  **Service seeking Marriage**  
**Preparation Facilitators**

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

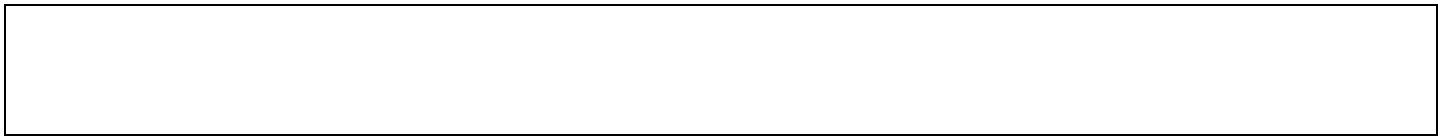
Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to [info@accordni.com](mailto:info@accordni.com)

[www.accordni.com](http://www.accordni.com)

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## ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

### CONTACT US!

Email: [email@familycareadoption.org](mailto:email@familycareadoption.org)

Phone: 02890 691133

Website: [www.familycareadoption.com](http://www.familycareadoption.com)

We are waiting to hear from you!

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