

PARISH OF BANGOR, MEMBER OF ARDS FAMILY OF PARISHES

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

Fourth Sunday in Ordinary Time, Year A – 1st February 2026

Your prayers are requested for:

Recently deceased:

Margaret (Rosaleen) Moore
Richard (Pat) Hazard
Carmen Pye

Month's Mind:

Helen McDonald
Thomas (Tom) Bennett

Anniversaries:

Lilian & Frank Sullivan
William & Patricia Fox
Pat & Bridie McAllister

Gerard Cassidy Molly Sullivan
Eileen Watts Bernie Digby
Paul Fox Kathleen McMullan
Mary Norrington Patrick Campbell
Charlotte (Cioci) Denny
Phyllis (McVeigh) McCabe
Mary (Molly) Isobel McDade
Laurence Connor

MASS TIMES NEXT WEEK

DAILY MASS:

REQUIEM MASS: Monday 2nd February @ 10am
REQUIEM MASS: Thursday 5th February @ 10am
Tuesday 3rd, Wednesday 4th & Friday 6th February @ 9.30am

MOST HOLY REDEEMER BALLYHOLME

Sunday 8th February @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 7th February @ 6.30pm
Sunday 8th February @ 10am & 12noon

BAPTISM

Please register online SIDE BAR under Baptism registration
Baptisms are celebrated on Sundays @ 1.15pm

This year, The St Brigid's Day Lecture will be given by Fr Tom Layden, S.J. Fr Layden is a Jesuit priest, living and working in Belfast. The theme of his lecture, "The Nicene Creed: A foundation for Ecumenism", is based on Pope Leo XV1's address at Nicaea.

The Lecture will be in St Brigid's Parish Centre, Derryvolgie Avenue, Belfast BT9 6FP, on Sunday 8th February, at 4.00pm. All welcome.

Medjugorje Pilgrimage 29th July-5th August 2026 - an opportunity to experience the Peace of Medjugorje and the absolute Joy of our faith with the Mladifest Youth Festival.

7 nights £755 pps (£705 with January discount).

Contact Éadaoin for details 07706288095

Parish of Duncane

Novena of Hope in Honour of Our Lady of Lourdes
February 3rd - 11th February 2026

03	Tue	7pm Opening Mass - Fr Chris McDermott CC Parish of Kilrea
04	Wed	7pm Hope in Young People - Mr Jasper Rutherford (CEO of Christ in Youth)
05	Thur	7pm Hope in the Church - Mrs Therese McCrystal
06	Fri	7pm Lourdes Night with Marian Procession and Rosary Fr John O Lavery (Preacher)
07	Sat	6pm Saturday Night Vigil Reverend Esteban Rosales Koininid St John The Baptist
08	Sun	7pm Healing Service, 'hope in the Confessional' - Fr Martin Graham adm St Peters Cathedral
09	Mon	7pm Hope in the Family, Sinéad Strong, Co- Founder and Director of Catholic Mothers Ireland
10	Tue	7pm 'Finding Hope with Christ' Mr John Connors (actor), screenwriter and documentary filmmaker & playwright
11	Wed	7pm Anointing of the sick - Fr Darren Brennan PP St Pauls Parish, Belfast (Feast of Our Lady of Lourdes)

Our Lady of Lourdes Church and Irish National Shrine to
Our Lady of Lourdes
105 Raguery Road, Moneyglass

Cuppa & Connect

Stay a while after 10am Mass and enjoy a cup of tea or coffee with friends old and new. It's a lovely opportunity to catch up, reconnect, and build community. Parents are very welcome — relax and chat while little ones enjoy time to play. **When:** Every 2nd and 4th Sunday of the month, after 10am Mass. Please note: Dates may occasionally change due to other parish events (e.g. Trócaire). Keep an eye on the bulletin for updates. Frequency will be reviewed if demand and volunteers increase.

PARISH CENTRE – PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15pm until 9.45pm [Minor Hall] LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymphna's Room] BADMINTON NOW WEEKLY at 8 to 9pm [Main Hall]	FRIENDSHIP CLUB at 10.30am [Minor Hall] IRISH DANCING CLASSES at 6.00pm to 8.30pm [Main Hall] SVP at 7.30pm to 9.30pm [St Dymphna's Room]	PARENTS & TODDLERS 10am [Main/Minor Hall] MEDITATION GROUP at 12pm to 1.30pm [St Dymphna's Room] FOLK GROUP AT 6.30 -7.30pm [St Dymphna's Room] SENIOR CHOIR At 7.30pm [St Dymphna's Room]	St Comgall's Guide Unit (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall] IRISH LANGUAGE CLASS At 7pm to 8pm [St Dymphna's Room] CEILI DANCING at 8.15pm to 9.30pm [Minor Hall]	Ju-Jitsu Club (Juniors 5-15yrs) 6-7pm [Main Hall] Discussion Group At 7.30pm – 9pm [St. Dymphna's Room] Line Dancing At 7.30 – 9pm [Main Hall]

St Comgall's Badminton Club meet every Monday from 8-9pm in the Parish Centre, new adult members (over 18) are very welcome.

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LINE DANCING CLUB will run on Fridays 7.30 -9pm. All welcome.

Divine Mercy Conference -Saturday 28th February 2026

Bus will leave St Paul's Church, Falls Road at 7.30pm Returning approx. 10.45/11.00pm. Yes, a long day but well worth it,

Travel cost is **£25** (bus price only) which must be paid when booking your seat. Failure to get 30 people the bus would have to be cancelled. Travel confirmation, 1 week before departure.

Unfortunately, no refund can be given in cases of sickness etc.

Conference tickets to be bought individually at the venue £35 or Euros.

Bring enough food for lunch and dinner – there are tea and coffee stations where hot drinks and snacks can be purchased.

Telephone Tina McCrory – 07523824350 to book a seat on the bus.

Parish of Duneane - Novena of Hope in honour of our Lady of Lourdes takes place in Our Lady of Lourdes Church, beginning next Tuesday 3rd February.

Down & Connor Pilgrimage to Lourdes 2026: 8th/9th – 14th/15th July. 5 & 7 Night options available. Please visit www.downandconnor.org/lourdes for more information or call the Pilgrimage Office on (028) 9077 0162 or email lourdes@downandconnor.org Youth Team (10-17th July): applications now open (see website for details)

St Comgall's Guide Unit will be handing out handmade St Brigids Cross made by the Brigins, Guides and Range to celebrate St Brigids Day our patron Saint. We ask for donations to help with fundraising towards the running cost of the unit. Many thanks St Comgall's Guide Unit.

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn)

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Groomsport, Donaghadee and Millisle)

St. Comgall's Bereavement Support Group

The aim of the Bereavement Group is to provide support to the bereaved. If you wish to avail of this service, please contact the parish office **028 9146 5522**

- Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <https://towardspeace.ie/>**

Accord NI Catholic Marriage Care **Service seeking Marriage Preparation Facilitators**

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

www.accordni.com

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ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

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